

*St. John the Apostle
Catholic School*

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We proudly sponsor our own lunch program. Any concerns, please contact Mrs. Rodriguez at 305 888-6819



*Educating children in the faith, in Hialeah, since
1949!
The tradition continues!*



2021

LUNCH

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Milk—Daily *Low fat milk *Fat Free Chocolate Milk					1 Cheese Pizza WW/ Crust Three bean Salad Beets Oranges (Early/Dism)	2
3	4 Arroz Primavera Mix Veggies Broccoli Corn Bread Fresh Fruit	5 Chicken Sandwich WW Bun Lettuce Tomatoes Fruit/ Cup	6 Chicken Nuggets Brown Rice Black Beans Corn WW Roll Apple Sauce	7 Hot Dog On Bun Baked Fries Three Beans Grapes	8 Cheese Pizza WW/Crust Green Beans Carrots Fruit/ Cup	9
10	11 NO SCHOOL	12 Cheeseburger on WW Bun Baked Fries Spinach Fruit/ Cup	13 Beefaroni Cole Slaw Carrots Cheese Bread Apple Sauce	14 Hot Dog on WW/Bun Baked Beans Three Bean Salad Fruit/ Cup	15 Cheese Pizza WW/ Crust Beets Green Beans Pears	16
17	18 Arroz con Pollo Black Beans Plantains WW Roll Apple Sauce	19 Mac & Cheese Three Bean Salad Green Beans Stuff Cheese Bread Grapes	20 Hard or Soft Tacos W/ Meat Lettuce & Tomatoes Brown Rice Fruits (Early/ Dism)	21 Hot Dog On Bun Sweet Potato Fries Broccoli Oranges	22 Cheese Pizza WW/ Crust Cole Slaw Green Beans Banana	23
24	25 Chicken Sandwich On WW Bun Lettuce Tomato Fresh Fruit	26 Chicken Nuggets Brown Rice Black Beans Corn WW Roll Apple Sauce	27 Cheeseburger on WW Bun Baked Fries Spinach Fruit/ Cup	28 Hot Dog on WW/Bun Baked Beans Three Bean Salad Fruit/ Cup	29 Cheese Pizza WW/ Crust Vegetables Fruit/ Cup	30

Menu may change according to availability.