

*St. John the Apostle
Catholic School*

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We proudly sponsor our own lunch program. Any concerns, please contact Mrs. Rodriguez at 305 888-6819



*Educating children in the faith, in Hialeah, since 1949!
The tradition continues!*



2022 Breakfast

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|---|--|--|--|-----|
| Milk—Daily *Low fat milk *Fat Free Chocolate Milk | 2 Assorted Cereal WW Roll & Jelly Fruit/ Cup | 3 Lucky Charms Cereal WW Roll & Jelly Fruit /Cup | 4 Egg & cheese Omelet WW Roll & Jelly Fruit/ Cup | 5 Cocoa Puff Cereal WW Roll & Jelly Fresh/ Fruit | 6 French Toast Mandarins Fresh Fruit | 7 |
| 8 | 9 Breakfast Kit (Combo) W/Cereal Fruit Juice WW Cookies | 10 Fruit Loops Cereal WW Toast & Jelly Apple Sauce Grape s | 11 Chocolate Muffins WW Roll & Jelly Mix Fruits | 12 Cinnamon Toast Cereal WW Roll & Jelly Oranges | 13 Waffles Apple Juice Fresh Fruit | 14 |
| 15 | 16 Assorted Cereal WW Roll & Jelly Fruit Punch | 17 Cocoa Puff Cereal WW Biscuit & Jelly Apple Sauce | 18 Egg & cheese Omelet WW Roll & Jelly Orange Juice | 19 Assorted Cereal WW Roll & Jelly Oranges | 20 Pancakes Orange Juice Fresh Fruits | 21 |
| 22 | 23 Breakfast Kit (Combo) W/Cereal Orange/ Pineapple Juice WW Cookies | 24 Cinnamon Toast Cereal Biscuit & Jelly Apple Sauce Fruit Punch | 25 WW Bagel Light Cream Cheese Pears | 26 Lucky Charms Ce- real WW Roll & Jelly Oranges | 27 NO SCHOOL | 28 |
| 29 | 30 NO SCHOOL | 31 | | | | |

Menu may change according to availability.