

**St. John the Apostle
Catholic School**

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We proudly sponsor our own lunch program. Any concerns, please contact Ms. Rodriguez at 305 888-6819



*Educating children in the faith, in Hialeah, since 1949!
The tradition continues!*



2022
Breakfast

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Milk—Daily *Low fat milk *Fat Free Chocolate Milk				1 Coco Puff Cereal WW Roll & Jelly Apple Juice	2 Waffles Fresh Fruit Apple Sauce	3
4	5 No Classes	6 Cheese Omelet WW Roll Orange Juice Fruit Cup	7 Cocoa Puff Cereal, WW Roll & Jelly Orange Juice Apple Slices	8 Pancakes Fresh Fruit Orange Juice	9 Lucky Charms Cereal WW Roll & Jelly Apple Juice Bananas	10
11	12 Mix Cereals Biscuits & Jelly Fruit Cup Fruit Punch.	13 WW Bagel Light Cream Cheese & Jelly Fruit Cup Orange Juice	14 Fruit Loops Cereal WW Roll & Jelly Orange Juice Apple Slices	15 Waffles Fresh Fruit Fruit Punch	16 Frosted Flakes Cereal Yogurt WW Roll & Jelly Apple Juice Oranges	17
18	19 Breakfast Kit (Combo) W/Cereal Fruit Juice WW Cookies	20 Cocoa Puff Cereal WW Roll & Jelly Fruit Cup Apple Juice	21 Mix Cereals Biscuits & Jelly Fruit Cup Fruit Punch.	22 French Toast Fresh Fruit Orange Juice	23 Mix Cereals Biscuits & Jelly Fruit Cup Fruit Punch.	24
25	26 Assorted Cereal WW Roll & Jelly Fresh Fruit	27 Waffles Fresh Fruit Apple Sauce	28 Cocoa Puff Cereal, WW Roll & Jelly Orange Juice Apple Slices	29 Cheese Omelet WW Roll Orange Juice Fruit Cup	30 Frosted Flakes Cereal Yogurt WW Roll & Jelly Apple Juice Strawberry	

Menu may change according to availability.