NOVEMBER 1, 2022 VOLUME 1 ISSUE 3

# ST. JOHN THE APOSTLE

## NEWS FROM THE NEST

MODELING AFTER JESUS, THE MASTER TEACHER, ST. JOHN THE APOSTLE CATHOLIC SCHOOL IS COMMITTED TO PROVIDING AN EXCEPTIONAL CATHOLIC EDUCATION WHILE EMPOWERING OUR YOUTH SPIRITUALLY, ACADEMICALLY, SOCIALLY AND PHYSICALLY TO BECOME WELL-ROUNDED, FAITH FORMED CITIZENS OF THE WORLD.

## NOVEMBER ACTIVITIES

- OCTOBER 31-NOVEMBER 4
  BOOK FAIR
- NOVEMBER 4
  EARLY DISMISSAL/BASKET OF GOODIES VIA FACEBOOK
- NOVEMBER 9
  SCHOOL MASS
- NOVEMBER 11
  VETERANS DAY-NO SCHOOL
- NOVEMBER 16
  EARLY DISMISSAL

Don't Forget

THANKSGIVING BREAK 11/21-11/25

## PARISH EVENTS

**RCIA (RITE OF CHRISTIAN INITIATION FOR ADULTS) HAS BEGUN. CONTACT OLGA MONTGOMERY IN THE PARISH OFFICE**

## CATHOLIC IDENTITY

**FOR THE MONTH OF NOVEMBER, WE CHALLENGE OUR EAGLE FAMILIES TO COMPLETE THIS GRATITUDE CALENDAR! EMAIL OR SEND US A DM ON OUR SOCIAL MEDIA POSTS OF YOUR FAMILIES COMPLETING THESE ACTIONS**

# November

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| | | 1 Reflect on the blessings you have in your life | 2 Make a gratitude jar and every day write down what you were grateful for | 3 Think of happy memories and how they bring you joy | 4 Write a thank you note to someone who has brought you happiness | 5 Meditate on gratefulness |
| 6 In mass, mediate on the blessings bestowed on you this week | 7 Write down 3 things you love about yourself. Use these positive affirmations to help you cope through stress | 8 Create a sign for your teachers thanking them | 9 Find a Bible verse that speaks to you. Pray on how it can be incorporated in your life | 10 What are you thankful for in this very moment?Take time to reflect for five minutes | 11 Celebrate the troops serving now as well as family and friends who have served in the past | 12 Be more self-aware and recognize that you need to nurture your own self |
| 13 In mass, mediate on the blessings bestowed on you this week | 14 Take a moment to connect to elders in your family, a friend or a neighbor | 15 Be grateful for your parents or guardians. Give them a hug | 16 Be grateful for your neighborhood and everything it has to offer | 17 What are two words that define what you are grateful for? | 18 What are two words that define what you are grateful for? | 19 What are 3 things in your life that you are grateful to have? Why? |
| 20 In mass, mediate on the blessings bestowed on you this week | 21 Who is someone that inspires you to be a better and kinder person? | 22 What is your favorite recipe or tradition that you share with your family? | 23 What activities are you grateful to be part of? Thank the person who makes it possible | 24 Thanksgiving Read from your gratitude jar | 25 Write a list of 5 things you are grateful for that do not cost a single dime | 26 Go through your closet and set aside clothes that no longer fit you to donate |
| 27 In mass, mediate on the blessings bestowed on you this week | 28 Thank the person who taught you that new skill you have learned | 29 Take.a moment to thank the Lord for our World | 30 Provide encouragement to a friend who is struggling with something | | | |

Believe in yourself.

## ACADEMIC CORNER

PLEASE CONTINUE TO PRACTICE IXL ON A DAILY BASIS. WE RECOMMEND THAT STUDENTS COMPLETE AT LEAST 15 MINUTES A DAY OF RECOMMENDED PRACTICES

AS A REMINDER, 3-8TH GRADE STUDENTS ALSO COMPLETE THEIR IXL GOALS AND AR READINGS DURING LIBRARY. DO NOT FORGET TO CHECK IN WITH THEM ABOUT THEIR READINGS.

# HARVEST HUMBLE PICTURES

# STREAM SECTION

DON'T FORGET!

OUR STREAM COORDINATOR, MRS. SERRANO, IS LOOKING FOR DONATIONS FOR OUR PK-8 STREAM CLASSES. THE FOLLOWING IS NEEDED

- RED SOLO CUPS
- STRAWS
- ALUMINUM FOIL
- POPSICLE STICKS

IF YOU ARE INTERESTED IN DONATING, PLEASE MRS. SERRANO, RSERRANO@SJACS.ORG

# SOCIO-EMOTIONAL LEARNING

BEGINNING OCTOBER 3, OUR SCHOOL COUNSELOR WILL BE VISITING CLASSROOMS TO PROMOTE POSITIVE SOCIAL-EMOTIONAL LEARNING SKILLS.

IF YOU HAVE NOT DONE SO ALREADY, PLEASE COMPLETE THE CONSENT FORM FOR YOUR STUDENT TO PARTICIPATE